

RSHE Learning outcomes	
Foundation 2	Children will know ➤ Routines of the day and how to look after themselves ➤ Why hygiene is important and basic hygiene routines ➤ Recognise that all families are different and understand how family members can help each other
Year 1	Children will know: ➤ Basic washing and cleanliness ➤ That people change and grow ➤ The difference between boy and girl babies (pictures)
Year 2	Children will be able to: ➤ Describe the differences between boy and girl babies and talk about the similarities and differences between boys and girls in relation to gender stereotypes ➤ Describe differences between male and female animals ➤ Identify parts of the body using pictures.
Year 3	Children will be able to: ➤ Name the body parts and discuss similarities and differences ➤ Talk about appropriate and inappropriate touch and to learn about personal space ➤ Understand who to go to for support and understand that families are different and have different members
Year 4	Children will: ➤ Understand the human life cycle and describe body changes that happen when a child grows up ➤ Understand basic facts about puberty, reproduction and pregnancy ➤ Learn about the physical and emotional changes associated with puberty
Year 5	Children will be able to: ➤ Discuss the main physical and emotional changes that occur during puberty ➤ Describe how to manage physical and emotional change ➤ Explain how to keep clean and know how to get help and support during puberty
Year 6	Children will be able to: ➤ Describe how and why the body changes during puberty in preparation for reproduction ➤ Explain how babies are made and the types of adult relationships ➤ Describe some basic facts about pregnancy and conception and the decisions that are made before having a baby. ➤ They will understand how to stay safe online

The National Curriculum Science

Year 2	Pupils will notice that notice that animals, including humans, have offspring which grow into adults
Year 5	Pupils will be taught to describe the changes as humans develop to old age.

