PE LTP 24/25

Term	FS, Y1, Y1/2	Y1/2, Y2, Y3	Y4, Y5, Y6
Autumn 1	Acquiring ball skills – sending and receiving	Skills: Introduction to handball	Skills: Introduction to handball
Autumn 2	Gymnastics skills	Gymnastic	Gymnastic skills
Spring 1	Acquiring football skills	Skills: Introduction to football	Development of football skills
Spring 2	Team games – learning to work as a team within sided games	Skills: Introduction to cricket	Development of cricket skills
Summer 1	Acquiring athletic skills	Athletics	Athletics
Summer 2	Striking/Field Games	Skills: Introduction to pop lacrosse	Skills: Introduction to pop lacrosse

INTENT

What you teach - your programme(s) of study

The skills taught will ensure that pupils are team players who work collaboratively to achieve a common or personal goal. They will learn to be ambitious whilst understanding that at times, you cannot always come first and therefore, learn to accept disappointment and embrace the achievements of others. The skills they learn will be transferrable not only through school but to their everyday lives, enabling them to follow rules and understand the need to be disciplined and dedicated to achieve their potential. Throughout all PE lesson, pupils are active.

Concepts:

- Purposeful Play – Children understanding and showing what they have been taught through play.
- Team work – Life skills: communication skills/leadership skills in order to raise life aspirations
- Healthy Lifestyles – Longevity of life/mental health/happy, healthy and active lives

PROGRESSION OF SKILLS

Skills are progressed inline with our KUSP (Knowledge, Understand, Skills and Processes) Ladder for Physical Education.